



## CAMP HOWARD 9<sup>TH</sup> GRADE RETREAT

August 28-29, 2022

What?	When?	Who?
<ul style="list-style-type: none"><li>Overnight retreat at Camp Howard for all incoming 9<sup>th</sup> graders.</li><li>An opportunity to meet fellow classmates, learn about life at La Salle, and make new friends.</li></ul>	<ul style="list-style-type: none"><li>Depart from La Salle front parking lot at 2:00 p.m. Sunday (arrive by 1:45 p.m.)</li><li>Return to La Salle by 3:00 p.m. Monday</li></ul> <p>Students will travel by school bus from La Salle to and from Camp Howard</p>	<ul style="list-style-type: none"><li>Class of 2026</li><li>Student leaders</li><li>Members of administration and faculty/ staff</li></ul>

### Next Step

IMPORTANT: All families must complete the Camp Howard Retreat Permission Form to register for and attend this retreat.

The Camp Howard Retreat Permission Form is posted online. Please print and complete the form and submit to La Salle by August 15. You may email, mail, or drop off the completed form at the main office (LS is closed on Fridays).

If you would like a hard copy of the form, you can pick one up at the main office or contact us at 503.659.4155 and we will mail you a form. Your signed form can be emailed to [studentlife@lsprep.org](mailto:studentlife@lsprep.org).

**Please submit your Camp Howard Retreat Permission Form to La Salle by Monday, August 15.**





What to bring:	What to leave at home:
<ul style="list-style-type: none"><li><input type="checkbox"/> Change of clothes</li><li><input type="checkbox"/> Jacket / rain gear (depending on forecast)</li><li><input type="checkbox"/> Sturdy shoes and socks</li><li><input type="checkbox"/> Pajamas</li><li><input type="checkbox"/> Shower shoes (if showering)</li><li><input type="checkbox"/> Towel</li><li><input type="checkbox"/> Soap and toiletries (if showering)</li><li><input type="checkbox"/> Sunscreen</li><li><input type="checkbox"/> Sleeping bag or blankets</li><li><input type="checkbox"/> Pillow</li><li><input type="checkbox"/> Optional: twin fitted sheet</li><li><input type="checkbox"/> Water bottle - important!</li><li><input type="checkbox"/> Flashlight or headlamp</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Electronics (including cell phones!), ipads</li><li><input type="checkbox"/> Pocket knives, razors</li><li><input type="checkbox"/> Hair dryers, curling irons</li><li><input type="checkbox"/> Clothing with inappropriate slogans / graphics</li><li><input type="checkbox"/> Bathing suit (no swimming)</li></ul> <p><b>Dress code is casual</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Shorts should be fingertip length (mid-thigh)</li><li><input type="checkbox"/> No crop tops or exposed midriffs</li><li><input type="checkbox"/> Hats okay</li></ul>

## **Additional Information**

### **Meals**

- Students will eat dinner, breakfast, and lunch at Camp Howard.
- If you have dietary restrictions, please indicate restrictions on our Retreat Permission Form.

### **Covid Policies**

La Salle Prep aligns with the guidelines of the ODE and Clackamas County Public Health. With this in mind, please know the following:

- At this point, masks are optional; if this changes we will inform families.
- We will have Covid tests on hand if symptoms arise for anyone on the retreat.
- Any student who tests positive for Covid 10 days prior to the retreat should notify our Vice Principal of Student Life, Aaron Hollingshead at [ahollingshead@lsprep.org](mailto:ahollingshead@lsprep.org) so that we can advise your family on next steps.

### **Emergency Contact**

- Camp Howard: 503-695-2972 (Answering Machine)
- CYO/Camp Howard Portland Office: 503-231-9484

### **Questions**

Contact Director of Community Adriana Noesi at [anoesi@lsprep.org](mailto:anoesi@lsprep.org) or Director of Admissions Katie Allen at [kallen@lsprep.org](mailto:kallen@lsprep.org).

***Go Falcons!***



### **Camp Howard 9<sup>th</sup> Grade Retreat Permission Form**

Student Name: \_\_\_\_\_ Grade Level: 9

#### **Trip Information**

Description of Activity:	Overnight Retreat for 9th Grade Class
Location of Activity:	Camp Howard, 11010 SE Camp Howard Rd. Corbett, Oregon 97019
Departure Date and Time:	Sunday, August 28th, 2:00 p.m. (from La Salle Prep)
Return Date and Time:	Monday, August 29th, 3:00 p.m. (at La Salle Prep)
Accommodations (if overnight):	Camp Howard cabins
Mode(s) of Transportation:	Contracted bus
Faculty / Adult Chaperone(s):	Several
Chaperone Contact Information:	Will be provided closer to date
Explanation of Student Cost:	No cost

#### **Parent / Guardian Contact Information**

Parent / Guardian Name(s):	_____ _____
Parent/ Guardian Phone Number(s):	_____ _____
Emergency Contact Name:	Camp Howard
Emergency Contact Number:	Camp Howard: 503-695-2972 (Answering Machine) CYO/Camp Howard Portland Office: 503-231-9484

#### **Student Medical Information**

Student Birthday:	_____
Known Allergies:	_____ _____

Dietary Needs or Concerns:	_____
Current Medications:	_____ _____
Activity Restrictions:	_____ _____
Health Insurance Company:	_____
Policy or Group Number:	_____

**Student Waiver:**

It is understood that my son/daughter is still under school supervision and all reasonable caution will be taken by those persons in charge to prevent injuries. With this knowledge, I hereby release and discharge La Salle Prep and each and all of the school's agents and employees from any liability whatsoever, resulting from or in any manner arising out of any injury or damage which may be sustained on account of my son/daughter's participation in this activity, or the transportation in connection herewith. Personal items and equipment are the responsibility of the student and neither the persons in charge nor the school will be liable for any loss incurred. I give permission for the designated school personnel or chaperones to seek medical attention in the event of an emergency or injury. I understand every reasonable effort will be made to contact me. In the event that I cannot be reached through reasonable efforts, I hereby give permission to the physician or hospital selected by the school to secure proper treatment, to order injections, x-rays, anesthesia or surgery for my child should that be deemed necessary by the physician.

**COVID Waiver:**

As to risks related to the transmission of communicable diseases and most significantly COVID-19, La Salle cannot ensure that any travel is free of such risks. We are not aware of the vaccination or infected status of third parties or other individuals who may be encountered during the travel. By your authorization, you acknowledge that you have been made aware of such risks.

**Student Behavior Expectations:**

I understand that my son/daughter will be under the supervision of the designated school personnel and chaperones on the stated dates and that all school rules as stated in the La Salle Student Handbook will be in effect. I understand that students may be given independent free time during which they will be required to check-in with chaperones at designated times, travel with groups of at least three and communicate whereabouts with chaperones. I understand and agree that, if my student violates a school rule regarding drugs or alcohol or is involved in any criminal activity, he/she will be sent home at my expense.

I have read and understand the La Salle Prep Student Waiver and I agree to the terms stated above. I give my full consent for my son/daughter to participate in this activity.

**Parent/ Guardian Signature(s):**

\_\_\_\_\_  
\_\_\_\_\_

**Date:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Student Signature:**

\_\_\_\_\_

**Date:** \_\_\_\_\_