**Counselor Recommendation Form**

*Please complete this form and share it with your counselor. Add your name to the file name before doing so. Write as much as you need to in order to adequately address the question; add more space as needed.*

**Biographical/Demographic Information**

*These questions provide basic background information that help us understand your life journey thus far.*

1) Please list your full name and, if applicable, any preferred name.

Click or tap here to enter text.

2) Please list where you were born and where you have lived, indicate the length of time in each location, schools attended.

Click or tap here to enter text.

3) Describe your family.

Click or tap here to enter text.

4) Have any unusual family circumstances or events influenced your outlook on life or affected your performance at school? If so, please describe them here.

Click or tap here to enter text.

5) Do you take care of younger siblings, grandparents, etc.?

Click or tap here to enter text.

**Big Picture Questions**

*These questions help counselors better understand your motivations, thought processes, and future interests.*

6) What valuable life lesson have you learned from a past mistake?

Click or tap here to enter text.

7) Whose life would you like to emulate and why?

Click or tap here to enter text.

8) What environments or situations bring out the best in you as a learner? Please provide examples.

Click or tap here to enter text.

9) If you could learn more about any subject, it would be……

Click or tap here to enter text.

10) Where have you found learning in your everyday experiences?

Click or tap here to enter text.

11) What problems would you like to solve?

Click or tap here to enter text.

12) Describe your impact on a community of which you are a member.

Click or tap here to enter text.

13) Describe your high school academic trends/progress/journey.

Click or tap here to enter text.

14) Have you experienced a documented learning difference? If so, please describe the condition(s), any impact on your life, and indicate if you’re interested in the counselor presenting this information in a positive way to highlight your resilience and growth?

Click or tap here to enter text.

15) Have you ever been suspended from school? If so, please elaborate.

Click or tap here to enter text.

**Resume/Activities/Achievements/Hobbies Section**

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16) Have you earned any academic honors at school? If yes, please list them here by year:

Click or tap here to enter text.

17) If you are a member of any academic honor societies, please list them here:

Click or tap here to enter text.

18) If you have held any leadership roles in academics, please elaborate on your responsibilities here:

Click or tap here to enter text.

19) What academic accomplishments have been most meaningful to you and why?

Click or tap here to enter text.

20) Have you been a member of an athletic team (either at school or out of school)? If so, please list those teams, levels, and years here:

Click or tap here to enter text.

21) If you have held any athletic leadership role(s), please indicate them here:

Click or tap here to enter text.

22) Are you planning to play your sport in college? Are you being officially recruited? At which schools have you been in contact with a coach?

Click or tap here to enter text.

23) What athletic accomplishments have been most meaningful to you and why?

Click or tap here to enter text.

24) Have you been a member of the performing arts or fine arts clubs? Please include Band, Orchestra, Jazz, Musical Theatre, Drama, Theatre Tech, etc. while indicating the role and year.

Click or tap here to enter text.

25) If you have held any positions of leadership within the fine/performing arts, please indicate them here:

Click or tap here to enter text.

26) What fine/performing art accomplishments have been most meaningful to you and why?

Click or tap here to enter text.

27) If you have you been a member of a service club or organization (either in or out of school), please indicate that here while elaborating on your participation:

Click or tap here to enter text.

28) If you have held any position(s) of leadership within your service activities, please elaborate here along with the year and contribution:

Click or tap here to enter text.

29) What service accomplishments have been most meaningful to you and why?

Click or tap here to enter text.

30) Have you been a member of a club (non-service, athletic, performing art - e.g. Ambassadors) If yes, please indicate them here:

Click or tap here to enter text.

31) If you have held a leadership role in these clubs, please elaborate here with the year and contribution:

Click or tap here to enter text.

32) What club or activity accomplishments have been most meaningful to you and why?

Click or tap here to enter text.

33) What are your favorite pastime hobbies, skills, or interests that you work on regularly? Is there anything you spend a lot of time on but didn’t cover in the above questions? Please describe here.

Click or tap here to enter text.

34) Please select one of the extra-curricular activities you have been involved in and explain why it is the most important to you.

Click or tap here to enter text.

35) How have you spent your summers?

Click or tap here to enter text.

36) What are some clubs, sports, activities, study abroad opportunities do you plan to pursue in college? How do you think you will contribute to a college community/campus?

Click or tap here to enter text.

37) Is there anything else you would like your counselor to know that you feel would help them understand you better throughout the college search and selection process?

Click or tap here to enter text.